

**AGENDA ITEM**

**REPORT TO HEALTH AND  
WELLBEING BOARD**

**27<sup>th</sup> September 2023**

**REPORT OF DIRECTOR OF  
PUBLIC HEALTH**

**ALCOHOL HARM REDUCTION STEERING GROUP**

**Summary**

The Health and Wellbeing Board established an Alcohol-related Harm Steering Group in September 2019. The group developed a strategic framework supported by an annual action plan. The group's work resulted in system-wide strategic approaches which resulted in expansion of treatment and recovery services, improvement in recovery pathways and a strengthened approach to preventative activities. This is evidenced by provider updates to the Board.

**Recommendations**

It is recommended that the Health and Wellbeing Board:

1. Note the update from North Tees & Hartlepool Foundation Trust's Alcohol Care Team
2. Note the update from Change Grow Live provider of community-based substance misuse services.

**Background**

Since the establishment of the Alcohol-related Harm Steering Group there have been some significant achievements including:

1. Action on alcohol licensing
2. Supporting schools with alcohol policies
3. Leading local comms and campaigns with partner organisations
4. Performing an alcohol healthcare needs assessment.
5. Establishing a Tees Valley inpatient alcohol detox service
6. Development of a hospital-based Alcohol Care Team
7. Delivering a community-based alcohol treatment and recovery service as part of the integrated substance misuse service.

The Alcohol Care Team (ACT) in North Tees Hospital has been in place for a year. The team provides onsite advice and treatment for patients admitted to hospital requiring unscheduled alcohol detox and or advice. The team liaises with community-based services

to ensure continuity of care on discharge from hospital. Further detail will be provided in a presentation from the ACT.

Community-based substance misuse services for Stockton-on-Tees are provided by Change Grow Live (CGL). The service provides support, advice, and treatment for people on their recovery journey for drugs and/or alcohol. In Stockton-on-Tees, community-based alcohol services include Healthy Habits, peer support, professional support, medication, and detox. Further detail will be provided in a presentation from CGL.

The two services inter-relate to provide continuity of care and are complemented by the inpatient detox service at North Tees Hospital, which provides planned admissions for medically managed alcohol detox for residents of Tees Valley.

### **Next steps**

The Health and Wellbeing Board will be kept updated on the next steps in the work around alcohol.

### **Contact Officers:**

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